

For a health check-up go to:  
[www.howsyourhealth.org](http://www.howsyourhealth.org)  
 and enter **HTFP22**  
 Also, use **Howsyourhealth**  
 for:

- Solving common health problems
- Chatting with others about best ways to solve health problems

**Hilltop Family Practice**  
 A Department of Wentworth-Douglass Hospital  
 Gregory Andreyko, MD  
 Richard Kenner, PA-C  
 Somersworth Plaza  
 85 Main Street  
 Somersworth, NH 03878  
 Tel: (603) 692-6676  
 Fax: (603) 692-0919

**LIST OF MEDICATIONS FOR**

**NAME:**

**ADDRESS:**

**TELEPHONE:**

**For Medication Refills Our Office Requests:**

- One business day advance notice.
- Allow extra time for medications needing pre-authorization.
- Antibiotics are not prescribed without an office visit.
- For prescription refills, please call the office at: 603/692-6676 and ask to speak with the nurse or the medical assistant.

**For Appointments We Request:**

- Separate appointments for every family member that needs to be seen.
- When making an appointment for a medical visit, if you have more than one concern to address, please indicate that so extra time can be scheduled to better meet your needs.

**Do you think any of your medications are making you sick? Please call us or notify us immediately with any medication-caused side effects.**



**ESSE HEALTH**  
**THE OFFICES OF THOMAS F. HASTINGS, MD**

1585 Woodlake Drive, Suite 100

Chesterfield, MO 63017

314-434-4278

Fax: 314-851-4466

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For appointments we request:

- Go to [www.howsyourhealth.org](http://www.howsyourhealth.org) and enter **434HAS** and complete the survey before your visit.
- Please bring your medications with you.
- Do you think any of your medications are making you sick? Please tell us.

For electronic communication we request:

- That you do not use e-mail for urgent, emergent or life-threatening problems
- That you do not use e-mail for communication regarding sensitive medical information
- Our address is [thasting@essehealth.com](mailto:thasting@essehealth.com) for Dr. Hastings; or [lsmith@essehealth.com](mailto:lsmith@essehealth.com) for Lynelle Smith